

# M180 PARK GROUNDS & REFRECTORARY: "NURTURE IN NATURE"

## WEEKDAY MENU

### *Park-Baked Treats (All Day/Until Sold Out)*

<b>Yummy Cookie</b> . . . . .1.00	<b>Giant Muffin</b> . . . . .3.00
<b>Cinammon-Chip Scone</b> . . . . .2.50	<b>Super-Crumb Coffee Cake</b> . . . . .3.00
<b>Caramelita</b> Milk chocolate and caramel oatmeal bar . . . . .2.25	

### *Yogurt (All Day)*

<b>Greek Yogurt</b> Assorted flavors . . . . .2.00	<b>Parfait</b> Park-made yogurt & granola w/fresh berries . . . . .5.00
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### *Cold Sandwiches (All Day)*

<b>KIDS CB&amp;P</b> Cashew butter and raspberry preserves . . . . .2.50	<b>Bagel</b> Choice of herb butter, cream cheese, almond butter, or raspberry preserves . . . . .2.50	<b>Bagel and Lox</b> Cream cheese, red onion, tomato, capers . . . . .6.50
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### *Soups, Salads, and Hot Sandwiches (Wed. 11:30 am to 2:00 pm; Thu. & Fri. 11:30 am to 2:00 pm/ 5:00 pm to 9:00 pm)*

<b>VEGAN GF Park-made Veggie Chili</b> 3.50 5.00 Cup or Bowl; Bowl comes with Park-baked bread GF bread available	<b>WORTH Julia Morgan</b> Beet & Kale Burger w/Park-grown lettuce, tomato, Park-pickled onion, and special sauce Ask for no special sauce if vegan . . . . .6.50
<b>Soup of the Week</b> Ask for details	<b>VEGAN GF Mini Salad</b> Park-grown greens, cherry tomatoes, cucumber, croutons . . . . .2.50
<b>KIDS "Big" Dog</b> All beef dinner dog . . . . .4.00	<b>VEGAN GF Frederick Law Olmsted (FLO): Park Salad</b> Park-grown greens, tomato concasse, roasted sweet potato, cucumbers, dried cranberries, pickled beets, sunflower seeds . . . . .7.00
<b>Special Dog</b> All beef dinner dog w/topping of the week . . . . .6.00	<b>Salad Addition-Feta Cheese</b> . . . . .1.00
<b>KIDS Grilled Cheese</b> Muenster cheese . . . . .3.00 Substitute GF bread for 1.00	<b>VEGAN Salad Addition-Meatless Chicken</b> . . . . .2.50
<b>Andrew Jackson Downing</b> Grilled Cheddar and Muenster cheeses with ham or turkey Substitute GF bread for 1.00 . . . . .6.00	<b>Salad of the Week</b> Ask for details
<b>Emily Dickinson</b> Turkey with Park-made Cranberry Relish and Park-made mustard Available from 11:30 am to 5pm/9 pm . . . . .7.00	

Park-made dressings include: Balsamic vinaigrette, citrus vinaigrette, ranch

### *Pizza (Available Wed. 11:30 am to 2:00 pm; Thu. & Fri. 11:30 am to 2:00 pm/ 5:00 pm to 9:00 pm)*

<b>KIDS Traditional Cheese Pizza (12", 16", GF)</b> 8.00 12.00 8.00 Whole milk mozzarella & Park-made pizza sauce
<b>KIDS Traditional Pepperoni Pizza (12", 16", GF)</b> 10.00 14.00 10.00 Whole milk mozzarella & Park-made pizza sauce
<b>Flatbread of the week</b> Ask for Details

### *Snacks (Available Wed. 11:30 am - 5:00 pm; Thu. & Fri. 11:30 am to 9:00 pm)*

<b>KIDS String Cheese</b> . . . . .1.00	<b>Big Pretzel</b> . . . . .4.00
<b>VEGAN GF Park-pickled Vegetables</b> . . . . .2.00	<b>Big Pretzel Plate</b> Comes with Park-picked vegetables and choice of spicy mustard or maple dipping sauce . . . . .6.00
<b>VEGAN GF Hummus Plate</b> Comes with Park-made veggie chips and crudites . . . . .5.00	

Please tell us if you or anyone in your party has allergies